





## Informational Notice from Skagway's Emergency Departments

With the discussions around town surrounding Roofies, also known as Rohypnol, Skagway's Emergency Departments would like to offer educational information to the community, in an effort to keep everyone informed and safe this summer.

## SIDE EFFECTS

Every person is different and the side effects of drugs and how they present are going to be different. The effects listed below are a generalization.

- In high doses can cause:
  - Trouble controlling muscles
  - o Amnesia
  - Loss of inhibitions
  - Loss of consciousness
- Effects usually start within 30 minutes and peak about 2 hours after being taken
- As little as 1 milligram can affect you for 8-12 hours.

## **SAFETY TIPS**

- When going out, stick with your people. Don't leave your friends behind. Especially if they are showing signs of being altered.
- Have a plan before you go out and discuss it with your friends ahead of time. Plan who you are going out with, how you are going to get home, and make sure you stick to the plan.
- Always keep control of your drink. Carry it yourself, even if you're taking it to the bathroom with you. Drink covers can also be purchased.
- If you or your friends are feeling altered without having many beverages, this could indicate something not normal. Say something to your bar tender. If you see something, say something. Skagway Police are performing bar checks.
- Be cautious when combining your own prescribed medications or over-the-counter medications with alcohol. Many medications (both prescribed and over-the-counter) can cause adverse effects when mixed with alcohol. These effects can be similar to the effects of roofies or can even have worse effects. Before combining any medication with alcohol, talk to a provider about safety.

## **HOW TO REPORT**

There have been no confirmed cases surrounding Roofies within the Skagway Borough, but we would like to educate the community in what to do if you suspect you've been roofied.

• If you suspect you or a friend have been roofied, it is helpful to be assessed in the clinic. Date rape drugs can be tested for in the urine and blood, but many of these drugs do NOT last long in the body and can be hard to detect if tested for too long after the event. Early testing will be the most accurate.